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## **MRA Instructions**

You may have nothing to eat or drink 4 hours prior to the time of your examination except for water. You should drink at least 16 ounces of water in the 4 hours preceding your exam.

You may empty your bladder when necessary.

Please inform the staff if you have any history of kidney dysfunction or failure when scheduling your appointment, or prior to your exam. If so, blood work may be required. Specifically, a BUN and Creatinine will be required, we have the ability to perform this blood work in our office if needed. If your doctor has done a BUN and creatinine blood test on you within the last 30 days, we can use these results.